



## Pre-Procedure Instructions

Procedure appointment time: \_\_\_\_\_

Please arrive 20 minutes prior to your appointment time to complete paperwork and to take any preop medication if you desire. A friend or family member must come with you to drive you home after the procedure if you take medication. Family members are not allowed in the procedure room during the procedures.

- Take all medications as normal, **INCLUDING BLOOD THINNERS OR ASPIRIN.**
- You may eat normally the day of your procedure.
- Take a shower with antibacterial soap the morning of the procedure. If you are shaving your leg please do so the day before the procedure.
- Please do not apply lotion to your leg before the procedure.
- Wear loose fitting clothing that you can pull over the leg bandages that will be placed after the procedure.
- You will be walking on the treadmill or around the office after your procedure. Please wear comfortable, supportive shoes for this.
- If you are anxious and are unable to relax during the procedure, a sedative (valium or Xanax) may be given prior to the procedure. DO NOT drive after you have taken a sedative. If you choose to take it, you **MUST** bring someone to drive you home.
- Do not wear perfume or body powder
- **You MUST bring your prescription Class II compression stockings with you on the day of the procedure. If you fail to do so, we will have to cancel your appointment and reschedule for another date or you must purchase another pair to wear post procedure.**
- **Be 20 minutes early for your appointment.** If you are late, you risk having your appointment rescheduled.
- **If you cannot make your appointment, please call our office so that we may offer your appointment time to someone who is waiting for an appointment.**

If you have any questions, please call our office: 479-464-8346

### **ATTENTION ALL PATIENTS:**

**A FEE OF \$50 WILL BE BILLED TO YOU IF YOU DO NOT GIVE AT LEAST 48 HOUR NOTICE PRIOR TO CANCELLATION OR NO SHOW OF YOUR APPOINTMENT.**